

St. Ambrose Church



210 South Street, Cambridge ON N1R 2P4 519-621-2013

Email: stambrose@golden.net Website: stambrosecambridge.ca

OFFICE HOURS: Monday to Thursday 9am to 4pm, Friday 9am to 2pm. After hours by appointment only.

WEEKEND HOLY MASSES:

Saturday 5:00 pm

Sunday 9:00 am and 11:00 am

SACRAMENT OF RECONCILIATION:

Tuesday, Thursday from 8:30 am to 9:30 am

Wednesday 6:00 pm to 6:45 pm

Friday 6:00 pm to 6:45 pm

Saturday 4:00 pm to 4:45 pm

Sunday 8:00 am to 8:45 am; 10:15 to 10:45 am

Fr. Gary Schlack - Pastor

Fr. Michael King, retired - in residence

Rev. Mr. Paul Klaassen - Deacon

Barbara Roy - Administrative Assistant

Rose Capistrano - Youth Ministry

Sandy Figueiredo - Sacristan/Custodian

PARISH SCHOOLS: St. Anne School 519-621-8920
Holy Spirit School 519-621-8973

St. Vincent de Paul School 519-740-0678
Monsignor Doyle High School 519-622-1290

BAPTISM - The Baptism Preparation Program for parents is required before a Baptism date is scheduled.

MARRIAGE - Contact the parish office at least 12 months in advance, as Marriage Preparation is required.

VISITS and COMMUNION TO THE SICK - Inform the parish office of hospitalization or home confinement.

FOR THE HOSPITAL/HOSPICE/PATIENTS

Need a Catholic Priest? Please call 519-404-5344

Priests are available 24/7, for emergency ministry, e.g. 'Anointing of the Sick' or 'Last Rites'

For non-emergency ministry please contact your local parish or the hospital/hospice spiritual care team.

SOCIETY OF ST. VINCENT DE PAUL - for assistance with food vouchers, leave a message at 519-623-8764

- St. Vincent de Paul Value Store 519-629-0103

First Saturday Promise:

"Behold, my daughter, my Heart encircled with thorns, with which ungrateful people pierce It at every moment by their blasphemies and ingratitude. Give me consolation, you, at least; and make known on my behalf that I promise to assist at the hour of death, with the graces necessary for salvation, all who on the First Saturday of five consecutive months: 1) confess their sins, 2) receive Holy Communion, 3) recite five decades of the Rosary, 4) keep me company for fifteen minutes meditating on the mysteries of the Rosary, 5) and have the intention of making reparation to my Immaculate Heart."

(Our Lady of Fatima's message to Lucia)

First Saturday Masses are held at 8:00 am each month at St. Ambrose Church.

The Story of the Exaltation of the Holy Cross

Feast Day – September 14

Early in the fourth century, Saint Helena, mother of the Roman Emperor Constantine, went to Jerusalem in search of the holy places of Christ's life. She demolished the second-century Temple of Aphrodite, which tradition held was built over the Savior's tomb, and her son Constantine built the Basilica of the Holy Sepulcher on that spot. During the excavation, workers found three crosses. Legend has it that the one on which Jesus died was identified when its touch healed a dying woman.

The cross immediately became an object of veneration. Toward the end of the fourth century, at a Good Friday celebration in Jerusalem according to an eyewitness, the wood was taken out of its silver container and placed on a table together with the inscription Pilate ordered placed above Jesus' head: Then *"all the people pass through one by one; all of them bow down, touching the cross and the inscription, first with their foreheads, then with their eyes; and, after kissing the cross, they move on."*

To this day, the Eastern Churches, Catholic and Orthodox alike, celebrate the Exaltation of the Holy Cross on the September anniversary of the basilica's dedication. The feast entered the Western calendar in the seventh century after Emperor Heraclius recovered the cross from the Persians, who had carried it off in 614, 15 years earlier. According to the story, the emperor intended to carry the cross back into Jerusalem himself, but was unable to move forward until he took off his imperial garb and became a barefoot pilgrim.

Reflection

The cross today is the universal image of Christian belief. Countless generations of artists have turned it into a thing of beauty to be carried in procession or worn as jewelry. To the eyes of the first Christians, it had no beauty. It stood outside too many city walls, decorated only with decaying corpses, as a threat to anyone who defied Rome's authority—including Christians who refused sacrifice to Roman gods. Although believers spoke of the cross as the instrument of salvation, it seldom appeared in Christian art unless disguised as an anchor or the "Chi-Rho" until after Constantine's edict of acceptance.



Tuesday, September 15

8:00 am – Living and Deceased family of Joe and Ilda

CONFESSIONS at 8:30 am to 9:30 am

Adoration of the Blessed Sacrament 8:30 – 9:30 am

Wednesday, September 16

7:00 pm + SOULS IN PURATORY

+ FRANK CEKAN – Daniel

+ FRANK & MARIA PEREIRA – Elsa and Manuel

+ BILL GROTENHUIS – mom and family

+ ERWIN DANNEMAN – Bernadette and Todd

+ MARK CASTELLO – Castello and family

CONFESSIONS at 6:00 pm to 6:45 pm

Adoration of the Blessed Sacrament 6pm to 7pm

Thursday, September 17

8:00 am JOAO and ADELINA SOUSA – their family

CONFESSIONS at 8:30 am to 9:30 am

Adoration of the Blessed Sacrament 8:30 – 9:30 am

Friday, September 18

7:00 pm – Living and Deceased family and friends

of Marie and Theresa

CONFESSIONS at 6:00 pm to 6:45 pm

Adoration of the Blessed Sacrament 6pm to 7pm

Saturday, September 19

CONFESSIONS at 4:00 pm to 4:45 pm

5:00 pm – the intentions of Judith Ngwaba

+ JOSEPH SWISS JR. – Kay and family

+ PAUL LOOSEMORE – Maria and John Correia

+ FILOMENA TEIXEIRA – Jose

+ ALHANDRINA FIGUEIREDO – her husband

+ PATRICK MANSFIELD

+ LEO & ROSEMARY JOHNSTON

Sunday, September 20 – 25th Sunday in Ordinary Time

9:00 am – For the intentions of all parishioners

11:00 am + SAMANTHA DeSOUSA – Lori & family

CONFESSIONS: 8:00 to 8:45 am and 10:15 am to 10:45 am



What is the Chi-Rho (ki-ro)

The Name of Christ: The letter Chi (X) and the letter P-shaped Rho (P) combine to form a monogram that stands for Jesus Christ.



Ladies of Our Parish, you are invited to "Come and See" Our parish ladies' group called, "Daughters of the King", will resume on **Tuesday, September 15th at 7:00 pm in the Parish Hall.**

We meet the first and third Tuesdays of the month to support each other and grow in our journey of Faith.

This year we will be discussing and learning how to discuss our faith with others, in co-operation with the Holy Spirit, using various resources.

On September 15th we will learn about what the Church says about Mary. We hope to see you there.



Thank you!! To our parish men's group who organized and facilitated our parish picnic in August! Thank you also to everyone who brought salads and desserts. It was an enjoyable parish social time!

We had a good attendance and look forward to next year.

Our parish RCIA program will begin on Thursday, September 24th in the parish hall at 7pm to 8:30 pm.

RCIA (Rite of Christian Initiation of Adults) is a gradual process through which adults are able to learn about the Roman Catholic faith, and then at Easter, be received into the Catholic Church as full members, through the reception of the sacraments.

Each evening consists of a ½ hour video presentation, group discussion and a period for questions and answers.

The topics will include themes such as:

- The existence of God
- Why the world is in such a mess.
- Who is Jesus and what He has done for us.
- Prayer, and Sacraments
- Moral life
- How we can become the best version of ourselves and live a holy life
- Modern ethical questions

The program is for interested adults who are not Roman Catholic, as well as for Catholics who have not yet received their First Holy Communion and/or not have received their Confirmation.

Please phone the parish to register or if you have questions.

Please – As a sign of respect for our place of worship, please - no gum, coffee/tea, soft drinks while in the Church. If water is required for health reasons, then it is permitted.

There is also a 1 hour fast required prior to receiving Holy Communion, which includes no gum.



Sanctuary for Mental Health

Join us for the introduction of the Sanctuary for Mental Health course for Catholics, beginning **Friday, October 2nd, 6:30 pm to 8:30 pm in St. Ambrose Parish Hall.**

According to the World Health Organization, one in four people will be affected by mental health problems at some point in their lives, either through personal experience or through the diagnoses of a relative or friend.

Through this series, we will watch videos providing us with a psychological, social and theological perspective of mental illness and we will meet people in these videos who share their lived experience with various forms of mental illness.

Topics to be covered are Mental Health, Mental Illness, Stigma, Recovery, Championship, Self-Care and the Church.

Registration is required and the deadline is Sunday, September 27th. For more information and to register, please **email** myrajaneklaassen@gmail.com

Also, view information on this course at:

Sanctuarymentalhealth.org

Adoration Chapel news...do you no longer use your key fob for the chapel? If not, please return it to the parish office, so it can be provided to another adorer.

Thank you.

Catechetical Course for the Preparation of the Sacraments for Children/Teens

These programs are interactive parent-child, home study programs, designed to assist families whose children are enrolled in public or private schools, are homeschooled, or for other reasons unable to attend Catholic Schools. There are programs for every age from Kindergarten through to high school, including programs specially designed to assist children preparing for the Sacraments of First Communion and Confirmation. Please visit the website:

Hamiltondiocese.com then the go to the "Evangelization and Catechesis" section for more information on how to register. (Or call our parish office for more info.)

Prayer for Our Lady of Sorrows (Sept 15th)

Holy Mary, Mother of God and Queen of Martyrs, I do this day choose you as my model, protectress, and advocate. Receive me as your special servant, as a partaker in your sufferings. Give me strength always to remain close to Jesus your Son who died on the cross for me. Accept every good work that I may perform and offer it to your Son for me. Dear Mother, stand by me in all my actions, that they may be directed to the glory of God. Amen.

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